



#### Paul Scherrer Institut

F. Albertini

What have commercial systems to offer-what do we need

### The organizers asked:

# Discuss what is currently commercially available to support 4D treatment planning (for scanned proton therapy)

# And what would be necessary from a clinical (medical physicist) prospective

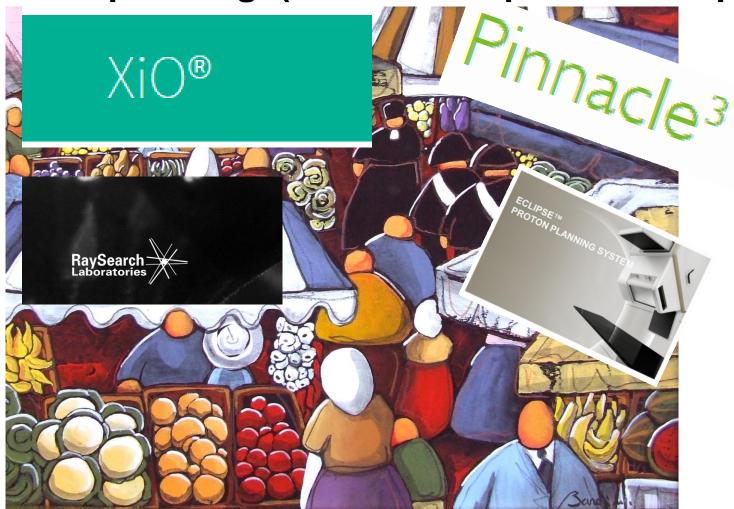
Disclaimer: I am not an expert.

We have never treated a 4D- patient (yet)

### The organizers asked:



Discuss what is currently commercially available to support 4D treatment planning (for scanned proton therapy)



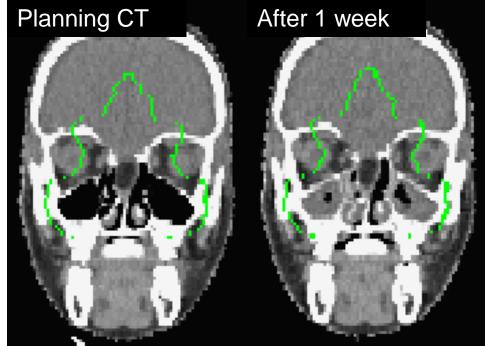
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What a clinical medical physicist would like

(personal opinion)

-like to treat static target in a well defined and constant (over time) density (no Range, no Set-up errors)





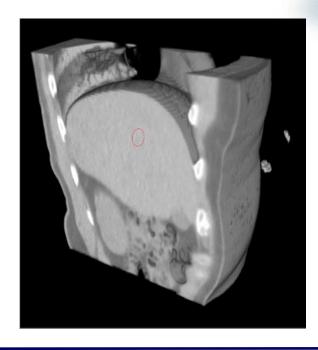
Inter-fraction changes

# What a clinical medical physicist would like

(personal opinion)

-like to treat static target in a well defined and constant (over time) density (no Range errors)





Intra-fraction changes

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### What a clinical medical physicist would like

### Practical-Simplistic view

- Calculate a 3D plan on the CT that is the best representation of the treatment anatomy (each) treatment day;
- 2. Evaluate the quality of the plan in the delivery conditions
- 3. Change/modify the plan such as to reduce/minimize the difference between the calculated and the delivered plan



- -what we need
- -what is commercially available



 Calculate a 3D plan on the CT that is the best representation of the anatomy on (each) treatment day;



-where am I defining the volumes?

how am I going to treat the patient?

Breath-hold

free -breathing

gating

-which phase

-4D CT (possibly 4D-MRI)

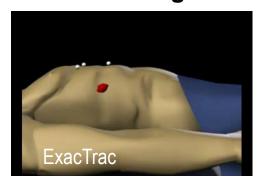
-which CT (MIP, average CT,....)

Re-scanning Free breathing



#### Motion mitigation approaches

**Gating** 



**Breath hold** 



courtesy of G Fattori



(1) Calculate a plan on the CT that is the best representation of the anatomy on (each) treatment day;

- (a) Image manipulation/handling:
- Import of 4D CT
- average CT;
- Maximum intensity projection CT (MIP)

(b) Deformable Registration (DIR) tools to help delineate the volumes (and to propagate the volumes to different phases)

Monaco®







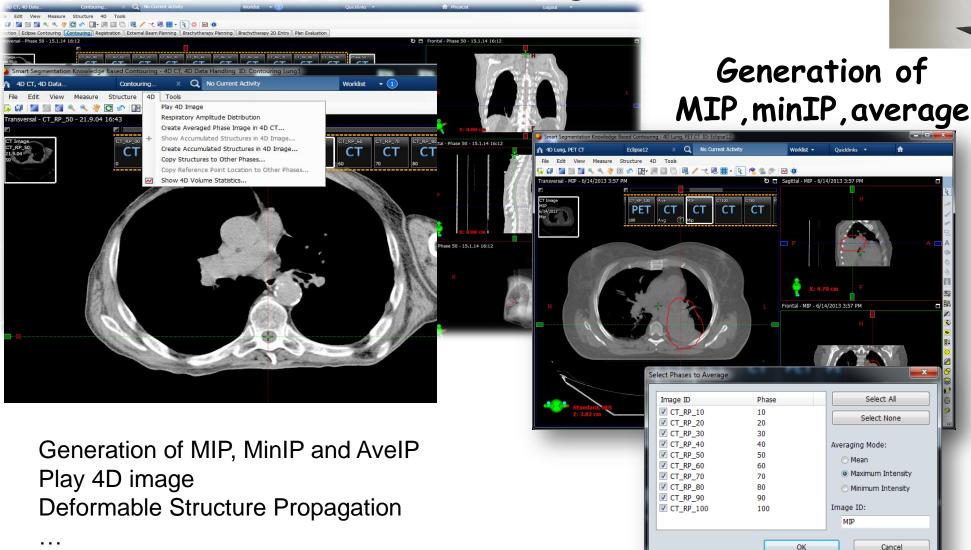
# 4D Data Handling Tools







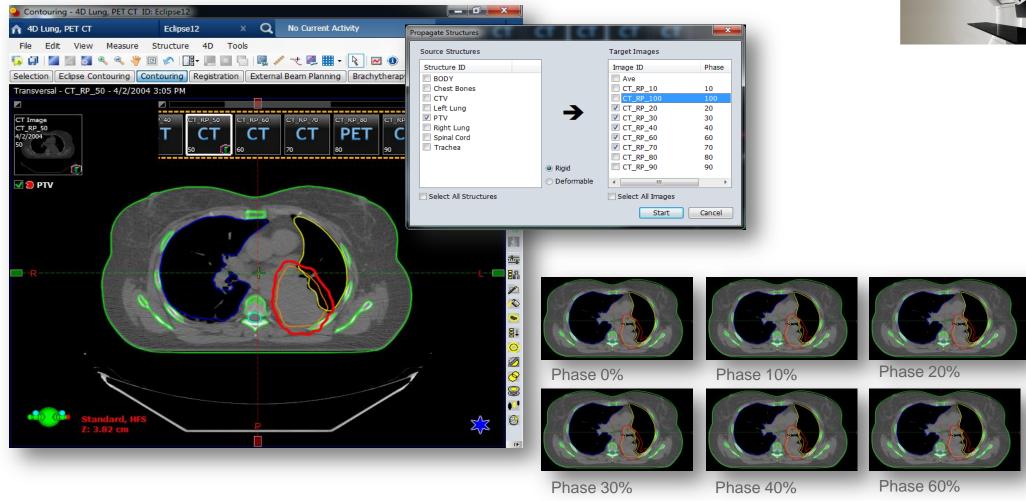
# 4D Data Handling Tools





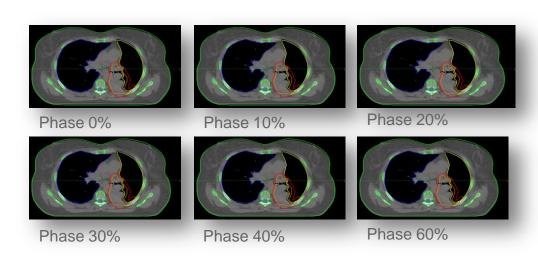
### Deformable Structure Propagation

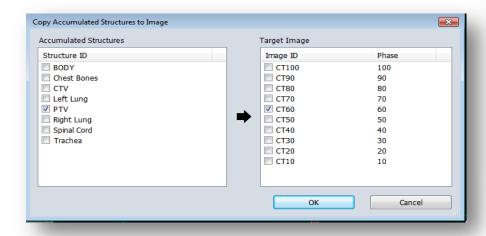


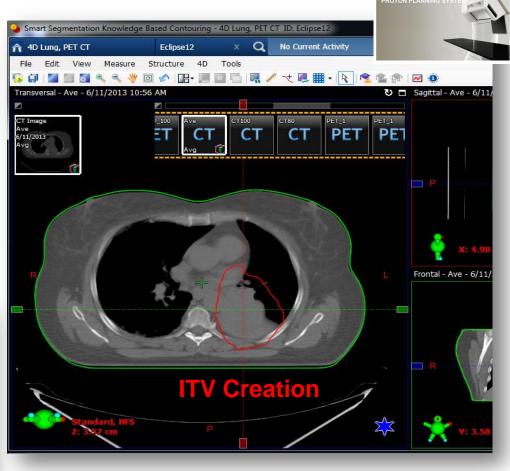




### 4D Structure Accumulation



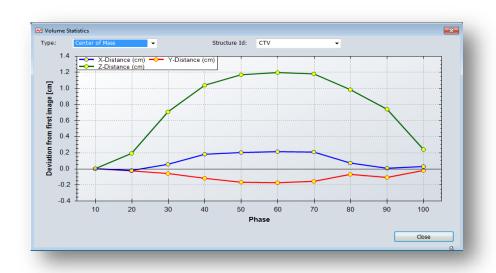


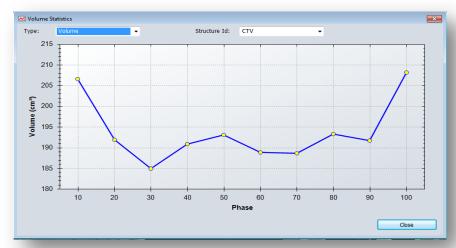




#### 4D Volume Statistics







#### **DISPLACEMENT OF THE CENTER OF MASS**

Helpful when making a decision on the respiratory phases to be included in gated treatments.

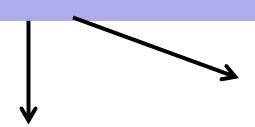
#### **VOLUME VARIATION ANALYSYS**

Useful when investigating the inter-phase tumor volume variation in gated treatment.



(2) Evaluate the quality of the plan under delivery conditions (including dynamic)



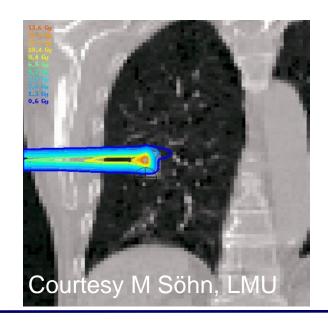


What do we need: 4D dose evaluation tool:

4D-dose calculation: Re-calculate the initial dose distribution considering the breathing motion and the delivery pattern (position of pencil beam vs the target position vs the hetereogenity)

How can we control the breathing pattern?

-Free breathing → motion extracted from 4D-CT(MRI) with a different starting phase
-True for every day? weekly control 4D-MRI/CT?





(2) Evaluate the quality of the plan under delivery conditions (breathing pattern)

#### Why 4D dose evaluation is important:

Are detected differences clinically significant?

max: 106.7 %

100.0 %

90.0%

70.0 %

60.0 %

50.0 %

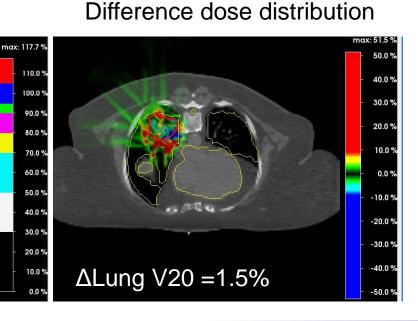
40.0 %

30.0 %

Static dose distribution

4D dose distribution

<sup>10.0</sup>% Lung V20 =16.5%





Lung V20 =15%



(2) Evaluate the quality of the plan under delivery conditions (breathing pattern)

#### Re-calculation on different phases:

Assumes that the dose can be delivered within one breathing phase (4D dose calculation module not available.)

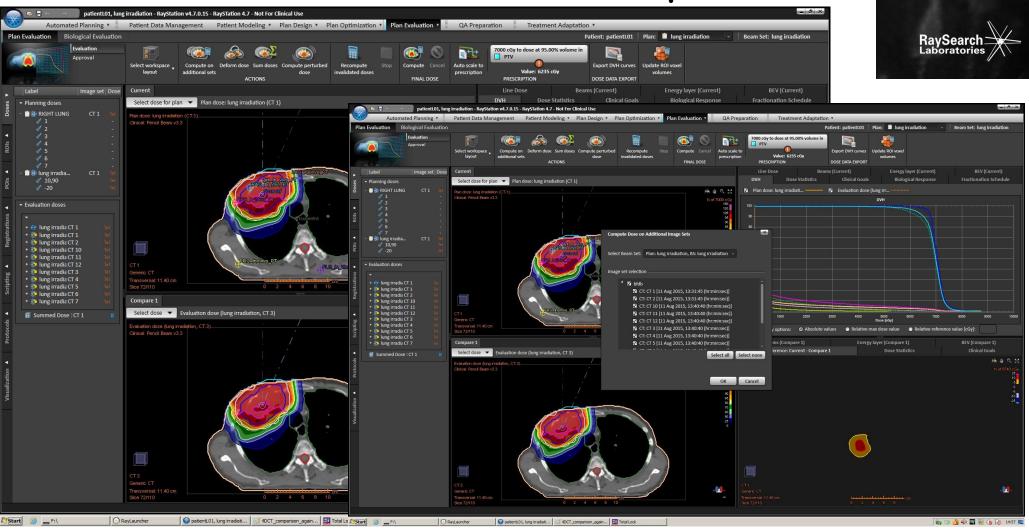


Good starting point but far from being a realistic representation of the delivered dose (for free-breathing and gating)





Recalculation on different phases

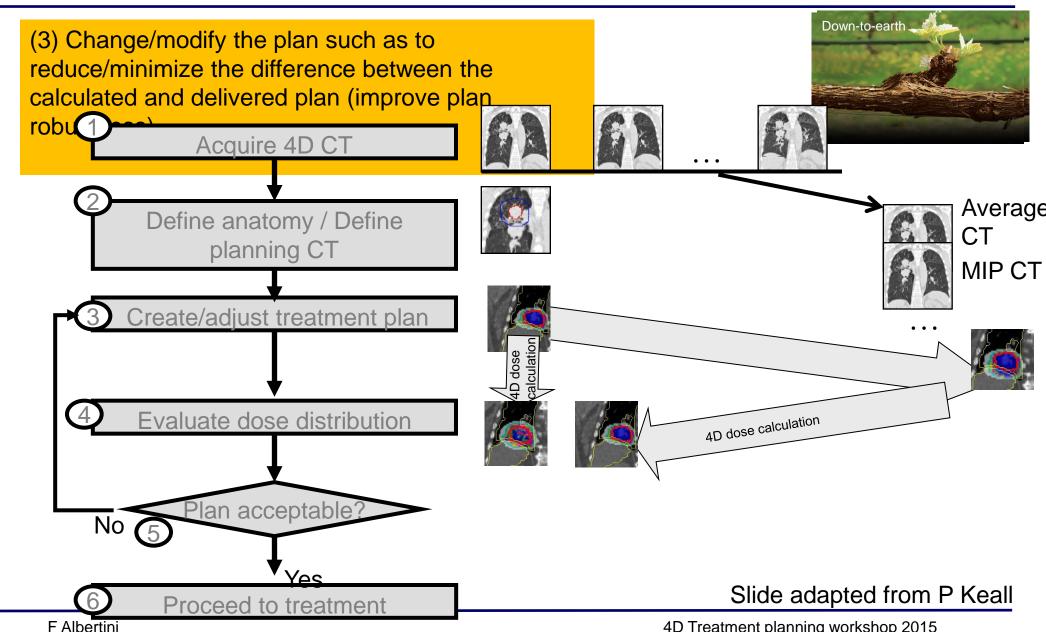




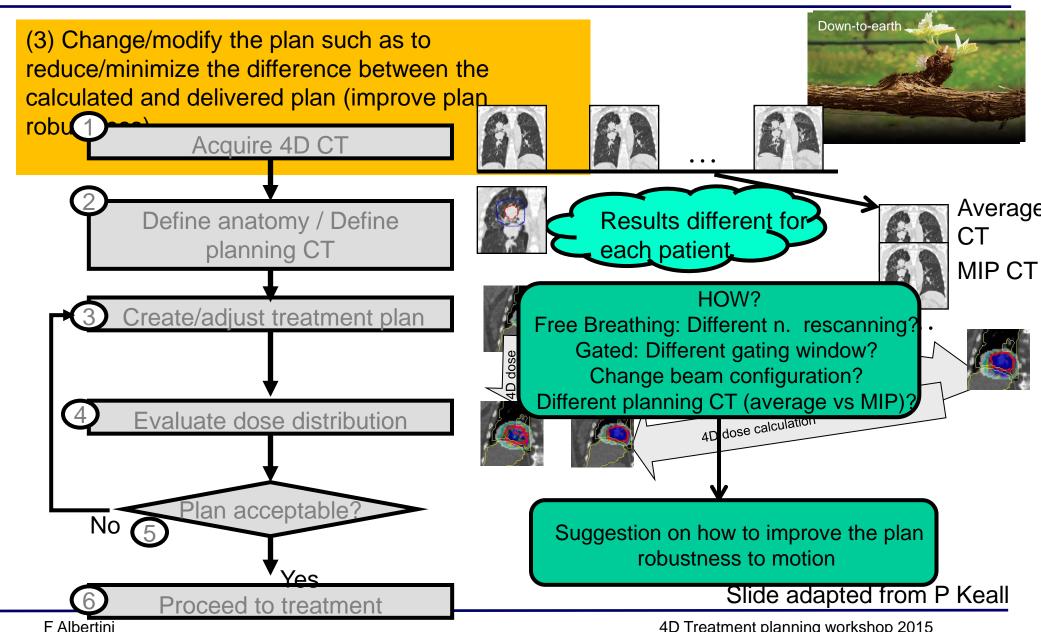
(3) Change/modify the plan such as to reduce/minimize the difference between the calculated and delivered plan (improve plan robustness)







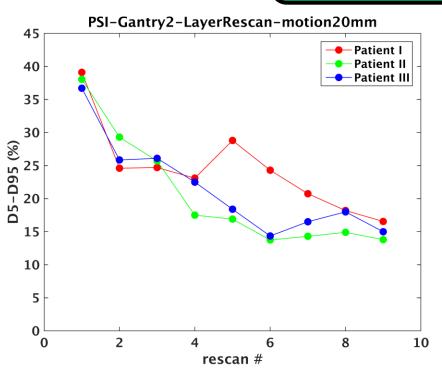


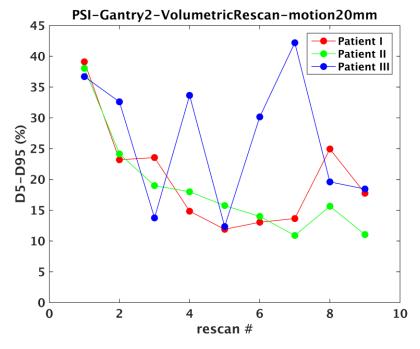




(3) Change/modify the plan such as to reduce/minimize the difference between the calculated and delivered plan (improve plan robustness)

Suggestion on how to improve the plan robustness to motion

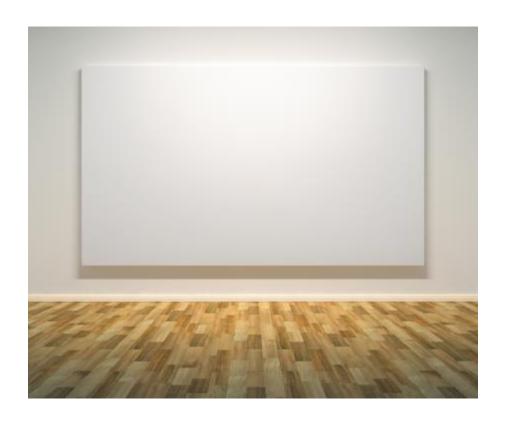




Ye Zhang et al 2015 Phys. Med. Biol.



(3) Change/modify the plan such as to reduce/minimize the difference between the calculated and delivered plan (improve plan robustness)



### Summary



### Practical-Simplicistic view

### What is commercially available

- Calculate a plan on the CT that is the best representation of the treatment anatomy (for each treatment day);
- 2. Evaluate the quality of the plan under delivery conditions
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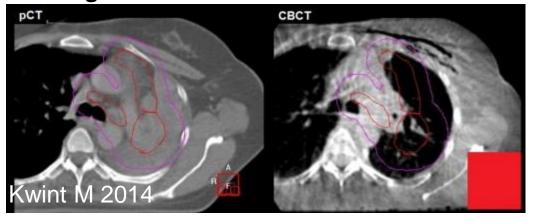


### Extra challenges: when treating lung patients

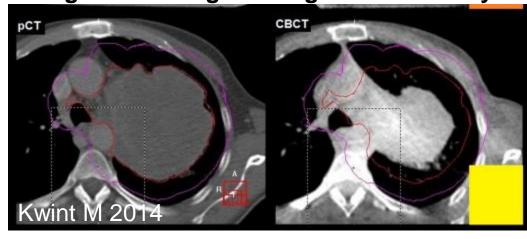


# intra thoracic anatomical changes: occurs > 70% cases during irradiation (Kwint (NKI) Rad Oncol 2014)

Target miss: tumour shift ouside PTV



Target schrinkage: change in the density



Necessity to daily adapt the plan (NOT currently CLINICALLY AVAILABLE)

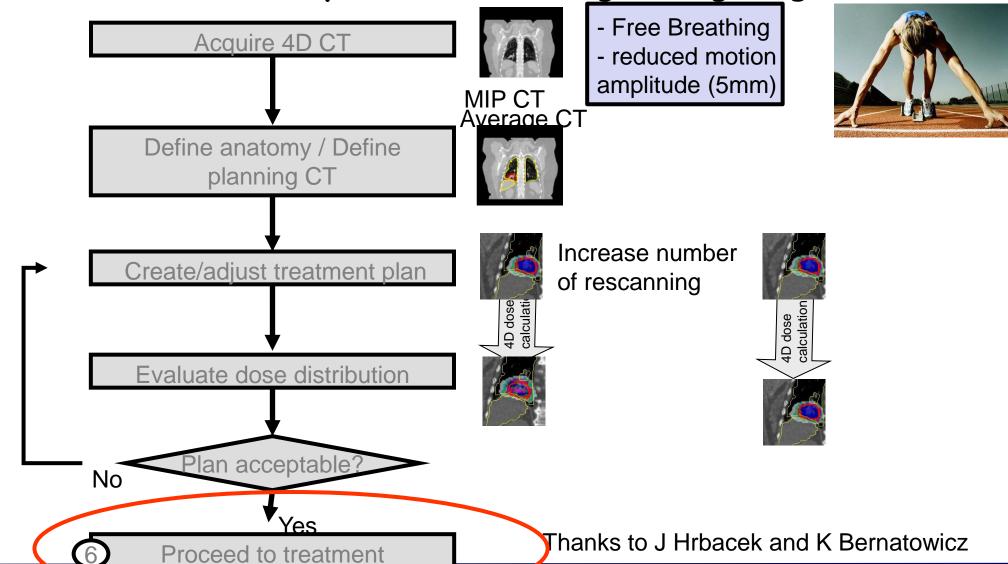


#### PSI intended workflow



...we are (almost) ready to start treating moving target!

F Albertini



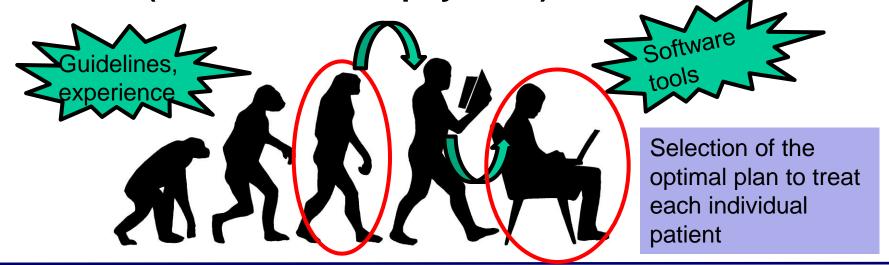
### Summary



Still lack of experience, lack of clear guidelines ...but more and more centers are moving towards these new indications (c.f. Antje)

Vendors are starting to support us (4D data handling, DIR modules,...)

BUT still more tools (4D dose calculation and motion mitigation strategies and planning suggestions) are required to support our (clinical medical physicist) work





### Thank you





PSI:
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